بسم الله الرحمن الرحيم

The Holy Month of Ramadhan

Quran Competition

1440 AH | 2019

MADRASAH AZ-ZAHRAA

AL-KISA FOUNDATION

UNDER THE CLOAK OF GUIDANCE AND MERCY

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Please recite a Fatihah for the marhumin of those who contributed to this booklet.

Introduction

Welcome to the Holy Month of Ramadhan Quran Challenge! We are very blessed to collaborate with Madrasah az-Zahraa in spreading the knowledge of the Holy Quran through the learning and memorization of various ayahs.

Participants are expected to memorize the provided verses and inshaAllah use them in their daily lives. Our goal for this Ramadhan Challenge is to help the participants to understand the meaning of the du'as of the Quran and develop the practice of using them in their daily lives. We hope to encourage children to learn about the Quran and apply its teachings in their daily lives. This year, the challenge includes two components: memorization and application.

First, parents and teachers should assign the children to age appropriate groups. The children will then learn and memorize the ayah and translation (translation does not have to be word for word). They will be tested on these verses on a day chosen by the parent or teacher.

Second, the children should recite and apply these du'as on a daily basis, and keep track of their points on the chart proviided. They must have a parent sign for each day in order to recieve credit for those points.

Memorization of the verses is worth 60% (35% Arabic and 25% translation) and the application of the verses is worth 40%.

Madrasahs, masjids, and centers are encouraged to create a registration system for their community members to participate toghether. Through this collective learning, we hope to further the brotherhood and sisterhood we strive to make firm, to stregthen not only our connection to the Quran, but the connection with our fellow Muslims.

May Allah bless our efforts and increase our tawfeeq. If there are any mistakes, or if you have any suggestions, let us know so that we may improve ourselves.

Under the guidance of Sheikh Murtaza Bachoo and Moulana Nabi R. Mir (Abidi)

Ages 4-6 years

Verses for Memorization

1	رَبَّنَا تَقَبَّلْ مِنَّآ ۖ إِنَّكَ أَنتَ ٱلسَّمِيعُ ٱلْعَلِيمُ *“Our Lord accept it from us! Indeed, You are the All-hearing. The All-Knowing.” (2:127)* This du’a can be recited after completing any task and you want Allah to accept your efforts. For example, after reciting prayers or the Quran, volunteering, helping someone, doing a good deed.
2	رَّبِّ ٱرْحَمْهُمَا كَمَا رَبَّيَانِى صَغِيرًا *“My Lord! Have mercy on them, just as they reared me when I was [a] small [child]!” (17:24)* This du’a for your parents can be recited in your Qunoot, after your prayers, before sleeping, or whenever you remember them.
3	رَبَّنَآ ءَاتِنَا فِى ٱلدُّنْيَا حَسَنَةً وَفِى ٱلْـَٔاخِرَةِ حَسَنَةً وَقِنَا عَذَابَ ٱلنَّارِ *“Our Lord, give us good in this world and good in the Hereafter, and save us from the punishment of the Fire.” (2:201)* This du’a can be recited in your Qunoot, or at anytime asking Allah for goodness in this world or the hereafter.
4	رَّبِّ زِدْنِى عِلْمًا *“My Lord! Increase me in knowledge.” (20:114)* This du’a can be recited in your Qunoot, before going to school, before listening to a lecture, before reading a book, or before doing homework.
5	رَّبِّ أَنزِلْنِى مُنزَلًا مُّبَارَكًا وَأَنتَ خَيْرُ ٱلْمُنزِلِينَ *“My Lord! Land me with a blessed landing, for You are the best of those who bring ashore.” (23:29)* This dua can be recited before going on a journey. For example, in the car going to school, going to mosque, going on a plane, going to the park, or returning home from a certain place.

Level	# of Verses Memorized	Points
GOLD	5 verses	110 or more points
SILVER	4 verses	90 or more points
BRONZE	3 verses	70 or more points

	Application of the Verse in Daily Life	Points
1	Recite any du'a in Qunoot in your salaah.	1
2	Recite any salaah with your parents (fajr, dhuhr, asr, maghrib, isha)	1 for each salaah
3	Du'a for acceptance recited after completing a task (e.g. helping someone, completing a good deed, etc.)	1
4	Du'as for knowledge recited before seeking knowledge	1
5	Du'a for safety recited for every travel, while leaving the house to a destination.	1
6	Cleaning the masjid	1
7	Recited any 2 du'as before sleeping	1
8	Du'a for parents	1
9	Helping during iftar	1
10	Reciting the Holy Quran	1
11	Practising the verse memorization	1
12	Going to the masjid	1

Holy Month of Ramadhan Quran Challenge 2019-1440AH
Points Chart

Name: _____ **Age:** _____

Day	Date	Actions Performed	Total Points	Parent Initials
1	May 5th, 2019			
2	May 6th			
3	May 7th			
4	May 8th			
5	May 9th			
6	May 10th			
7	May 11th			
8	May 12th			
9	May 13th			
10	May 14th			
11	May 15th			
12	May 16th			
13	May 17th			
14	May 18th			
15	May 19th			

Day	Date	Actions Performed	Total Points	Parent Initials
16	May 20th			
17	May 21st			
18	May 22nd			
19	23rd			
20	24th			
21	25th			
22	26th			
23	27th			
24	28th			
25	29th			
26	30th			
27	31st			
28	June 1st, 2019			
29				
30				

Ages 7-9 years

Verses for Memorization

1	رَّبِّ أَنزِلْنِي مُنزَلًا مُّبَارَكًا وَأَنتَ خَيْرُ ٱلْمُنزِلِينَ *"My Lord! Land me with a blessed landing, for You are the best of those who bring ashore." (23:29)* This dua can be recited before going on a journey. For example, in the car going to school, going to mosque, going on a plane, going to the park, or returning home from a certain place.
2	رَبِّ ٱشْرَحْ لِي صَدْرِي وَيَسِّرْ لِيٓ أَمْرِي وَٱحْلُلْ عُقْدَةً مِّن لِّسَانِي يَفْقَهُوا قَوْلِي *"O my Lord! expand me my chest, Ease my task for me; And loose the knot from my tongue, "So they may understand what I say." (20:25-28)* This dua can be recited before a presentation, speech, starting a quiz/test, or before any challenging task.
3	رَبَّنَا ٱغْفِرْ لِي وَلِوَٰلِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ ٱلْحِسَابُ *"Our Lord! Forgive me and my parents, and all the faithful, on the day when the reckoning is held." (14:41)* This dua can be recited to ask for forgiveness for yourself, your parents and the believers. It can be recited in Qunoot, before going to sleep, at a burial, or when you remember someone who has passed away.
4	رَبِّ ٱجْعَلْنِي مُقِيمَ ٱلصَّلَوٰةِ وَمِن ذُرِّيَّتِي ۚ رَبَّنَا وَتَقَبَّلْ دُعَآءِ *"My Lord! Make me a maintainer of the prayer, and my Offspring [too]. Our Lord, accept my supplication." (14:40)* This dua can be recited in your Qunoot for Allah's help to keep up your daily prayer. You can also recite this dua after any dua, because it is a prayer for the acceptance of our duas.
5	لَّآ إِلَٰهَ إِلَّآ أَنتَ سُبْحَٰنَكَ إِنِّي كُنتُ مِنَ ٱلظَّٰلِمِينَ *"There is no god but You: glory be to You: I was indeed wrong!" (21:87)* This dua can be recited for seeking forgiveness, and it is very effective when repeated in the state of sujud.
6	رَبَّنَا تَقَبَّلْ مِنَّآ ۖ إِنَّكَ أَنتَ ٱلسَّمِيعُ ٱلْعَلِيمُ *"Our Lord accept it from us! Indeed, You are the All-hearing. The All-Knowing." (2:127)* This dua can be recited after completing any task and you want Allah to accept your efforts. For example, putting away your toys, reciting Quran, after helping someone, after doing a good deed, etc.

Level	# of Verses Memorized	Points
GOLD	6 verses	110 or more points
SILVER	4 verses	90 or more points
BRONZE	3 verses	70 or more points

	Application of the Verse in Daily Life	Points
1	Recite any du'a in Qunoot in your salaah.	1
2	Recite any salaah with your parents (fajr, dhuhr, asr, maghrib, isha)	1 for each salaah
3	Du'a for acceptance recited after completing a task (e.g. helping someone, completing a good deed, etc.) see ayah 1	1
4	Du'as for knowledge recited before seeking knowledge	1
5	Du'a for safety recited for every travel, while leaving the house to a destination.	1
6	Cleaning the masjid	1
7	Recited any 2 du'as before sleeping	1
8	Du'a for parents	1
9	Helping during iftar at the masjid	1
10	Reciting the Holy Quran	1
11	Practising the verse memorization	1
12	Going to the masjid	1

Holy Month of Ramadhan Quran Challenge 2019-1440AH
Points Chart

Name: _____ **Age:** _____

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1	May 5th, 2019			
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15	May 19th			

Day	Date	Actions Performed	Total Points	Parent Initials
16	May 20th			
17	May 21st			
18	May 22nd			
19	23rd			
20	24th			
21	25th			
22	26th			
23	27th			
24	28th			
25	29th			
26	30th			
27	31st			
28	June 1st, 2019			
29				
30				

Ages 10-12 years

Verses for Memorization

1	رَبَّنَا تَقَبَّلْ مِنَّآ ۖ إِنَّكَ أَنتَ ٱلسَّمِيعُ ٱلْعَلِيمُ *"Our Lord accept it from us! Indeed, You are the All-hearing. The All-Knowing." (2:127)* This du'a can be recited after completing any task and you want Allah to accept your efforts. For example, cleaning your room or any chores, reciting Quran, after helping someone, after doing a good deed, volunteering etc.
2	قُلْ إِنَّ صَلَاتِى وَنُسُكِى وَمَحْيَاىَ وَمَمَاتِى لِلَّـهِ رَبِّ ٱلْعَـٰلَمِينَ *Say, "Indeed my prayer and my worship, my life and my death are for the sake of Allah, the Lord of all the worlds." (6:162)* By reciting this verse we are stating that our Salaat and everything in life is for the Almighty Allah, and to him we Submit. It can also be recited after the Iqamah before starting your prayer.
3	رَبَّنَآ أَفْرِغْ عَلَيْنَا صَبْرًا وَثَبِّتْ أَقْدَامَنَا وَٱنصُرْنَا عَلَى ٱلْقَوْمِ ٱلْكَـٰفِرِينَ *"Our Lord, pour down upon us patience, and make our steps firm and assist us against the unbelieving people." (2:250)* This dua can be recited in your Qunoot to grant us patience and to help us stay firm on the right path. You can also recite this dua whenever you are struggling with doing the right action, or when you need some courage.
4	رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِن لَّدُنكَ رَحْمَةً ۚ إِنَّكَ أَنتَ ٱلْوَهَّابُ *"Our Lord! make not our hearts to deviate after You have guided us aright, and grant us from Your mercy; surely You are the most liberal Giver."(3:8-9)* This dua can be recited daily for guidance in every step of our lives, whenever we appreciate the blessing of faith, or whenever we have some doubts.
5	رَبِّ أَوْزِعْنِىٓ أَنْ أَشْكُرَ نِعْمَتَكَ ٱلَّتِىٓ أَنْعَمْتَ عَلَىَّ وَعَلَىٰ وَٰلِدَىَّ وَأَنْ أَعْمَلَ صَـٰلِحًا تَرْضَىٰهُ وَأَدْخِلْنِى بِرَحْمَتِكَ فِى عِبَادِكَ ٱلصَّـٰلِحِينَ *"My Lord! grant me that I should be grateful for Your favor which You have bestowed on me and on my parents, and that I should do good such as You are pleased with, and make me enter, by Your mercy, into Your servants, the good ones." (27:19)* This dua can be recited to express gratitude for the blessings given to you and your parents so that you may perform the righteous deeds and be among the righteous people. You can recite it in your Qunoot, or anytime you are blessed with a blessing.

6	سُبْحَـٰنَ ٱلَّذِى سَخَّرَ لَنَا هَـٰذَا وَمَا كُنَّا لَهُۥ مُقْرِنِينَ *"Glory to Him Who has subjected these to our (use), for we could never have accomplished this (by ourselves)." (43:13)* This dua can be recited before going on a journey. For example, in the car going to school, going to mosque, going on a plane, going to the park, or returning home from a certain place.
7	رَبَّنَا ٱغْفِرْ لِى وَلِوَٰلِدَىَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ ٱلْحِسَابُ *"Our Lord! Forgive me and my parents, and all the faithful, on the day when the reckoning is held." (14:41)* This dua can be recited to ask for forgiveness for yourself, your parents and the believers. It can be recited in Qunoot, before going to sleep, at a burial, or when you remember someone who has passed away.
8	رَبِّ ٱشْرَحْ لِى صَدْرِى وَيَسِّرْ لِىٓ أَمْرِى وَٱحْلُلْ عُقْدَةً مِّن لِّسَانِى يَفْقَهُوا قَوْلِى *"O my Lord! Expand me my chest, ease my task for me; And loose the knot from my tongue, so they may understand what I say." (20:25-28)* This dua can be recited before a presentation, speech, starting a quiz/test, or before any challenging task.
9	رَبِّ ٱجْعَلْنِى مُقِيمَ ٱلصَّلَوٰةِ وَمِن ذُرِّيَّتِى ۚ رَبَّنَا وَتَقَبَّلْ دُعَآءِ *"My Lord! Make me a maintainer of the prayer, and my offspring [too]. Our Lord, accept my supplication." (14:40)* This dua can be recited in your Qunoot for Allah's help to keep up your daily prayer. You can also recite this dua after any dua, because it is a prayer for the acceptance of our duas.
10	لَّآ إِلَـٰهَ إِلَّآ أَنتَ سُبْحَـٰنَكَ إِنِّى كُنتُ مِنَ ٱلظَّـٰلِمِينَ *"There is no god but You: glory be to You: I was indeed wrong!" (21:87)* This dua can be recited for seeking forgiveness, and it is very effective when repeated in the state of sujud.

Ages 10-12 years

Level	# of Verses Memorized	Points
GOLD	8 verses	220 or more points
SILVER	6 verses	190 or more points
BRONZE	5 verses	160 or more points

	Application of the Verse in Daily Life	Points
1	Recite any du'a in Qunoot in your salaah.	1
2	Reciting dua al-iftitah at the center/masjid.	1
3	Du'a for acceptance recited after completing a task (e.g. helping someone, completing a good deed, etc.) see ayah 1	1
4	Du'as for knowledge recited before seeking knowledge.	1
5	Du'a for safety recited for every travel, while leaving the house to a destination.	1
6	Recited du'a and asked for forgiveness from Allah for any shortcomings.	1
7	Recited any 2 du'as before sleeping.	1
8	Recited the dua before a presentation, speech, starting a quiz/test, or before any challenging task.	1
9	Listening to a lecture or reading an Islamic book.	1
10	Reciting the Holy Quran.	1
11	Practising the verse memorization.	1
12	Volunteering at the center/masjid.	1

Holy Month of Ramadhan Quran Challenge 2019-1440AH
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1	May 5th, 2019			
2	May 6th			
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13	May 17th			
14	May 18th			
15	May 19th			

Day	Date	Actions Performed	Total Points	Parent Initials
16	May 20th			
17	May 21st			
18	May 22nd			
19	23rd			
20	24th			
21	25th			
22	26th			
23	27th			
24	28th			
25	29th			
26	30th			
27	31st			
28	June 1st, 2019			
29				
30				

Verses for Memorization

1	رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِن لَّدُنكَ رَحْمَةً ۚ إِنَّكَ أَنتَ ٱلْوَهَّابُ *"Our Lord! make not our hearts to deviate after You have guided us aright and grant us from Your mercy; surely You are the most liberal Giver." (3:8-9)* This dua can be recited daily for guidance in every step of our lives, whenever we appreciate the blessing of faith, or whenever we have some doubts.
2	رَبِّ أَوْزِعْنِيٓ أَنْ أَشْكُرَ نِعْمَتَكَ ٱلَّتِيٓ أَنْعَمْتَ عَلَيَّ وَعَلَىٰ وَٰلِدَيَّ وَأَنْ أَعْمَلَ صَـٰلِحًا تَرْضَىٰهُ وَأَصْلِحْ لِي فِى ذُرِّيَّتِيٓ ۖ إِنِّى تُبْتُ إِلَيْكَ وَإِنِّى مِنَ ٱلْمُسْلِمِينَ *"My Lord! Inspire me to give thanks for Your blessing with which You have blessed me and my parents, and that I may do righteous deeds which may please You and invest my descendants with righteousness. Indeed, I have turned to you in penitence, and I am one of the Muslims." (46:15)* This dua can be recited to express gratitude for the blessings given to you and your parents so that you may perform the righteous deeds and be among the righteous people. You can recite it in your Qunoot, or anytime you are blessed with a blessing.
3	رَبَّنَا لَا تُؤَاخِذْنَآ إِن نَّسِينَآ أَوْ أَخْطَأْنَا ۚ رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَآ إِصْرًا كَمَا حَمَلْتَهُۥ عَلَى ٱلَّذِينَ مِن قَبْلِنَا ۚ رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِۦ ۖ وَٱعْفُ عَنَّا وَٱغْفِرْ لَنَا وَٱرْحَمْنَآ ۚ أَنتَ مَوْلَىٰنَا فَٱنصُرْنَا عَلَى ٱلْقَوْمِ ٱلْكَـٰفِرِينَ *Our Lord! Do not punish us if we forget or make a mistake; Our Lord! Do not lay on us a burden like that which You laid on those before us, Our Lord, do not impose upon us (a burden) that which we have not the strength to bear; pardon us, and forgive us. And have mercy on us; You are our Master, so help us against the unbelievers." (2:286)* This dua can be recited in the Qunoot, for forgiveness as well as asking Allah not to test us more than what we can handle in our lives. It can be recited at any time for courage and strength.
4	رَبَّنَا تَقَبَّلْ مِنَّآ ۖ إِنَّكَ أَنتَ ٱلسَّمِيعُ ٱلْعَلِيمُ *"Our Lord accept it from us! Indeed, You are the All-hearing. The All-Knowing." (2:127)* This dua can be recited after completing any task and you want Allah to accept your efforts. For example, cleaning your room or any chores, reciting Quran, after helping someone, after doing a good deed, volunteering etc.
5	رَبِّ ٱشْرَحْ لِى صَدْرِى وَيَسِّرْ لِىٓ أَمْرِى وَٱحْلُلْ عُقْدَةً مِّن لِّسَانِى يَفْقَهُوا۟ قَوْلِى *"O my Lord! expand me my chest, Ease my task for me; And loose the knot from my tongue, So they may understand what I say." (20:25-28)* This dua can be recited before a presentation, speech, starting a quiz/test, or before any challenging task.

Ages 13-15 years

6	رَبَّنَا ٱغْفِرْ لِى وَلِوَٰلِدَىَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ ٱلْحِسَابُ *“Our Lord! Forgive me and my parents, and all the faithful, on the day when the reckoning is held.” (14:41)* This dua can be recited to ask for forgiveness for yourself, your parents and the believers. It can be recited in Qunoot, before going to sleep, at a burial, or when you remember someone who has passed away.
7	سُبْحَـٰنَ ٱلَّذِى سَخَّرَ لَنَا هَـٰذَا وَمَا كُنَّا لَهُۥ مُقْرِنِينَ *“Glory to Him Who has subjected these to our (use), for we could never have accomplished this (by ourselves).” (43:13)* This dua can be recited for a safe journey. For example, in the car going to school, going to the masjid, returning home from a certain place, or travelling.
8	قُلْ إِنَّ صَلَاتِى وَنُسُكِى وَمَحْيَاىَ وَمَمَاتِى لِلَّـهِ رَبِّ ٱلْعَـٰلَمِين *“Say, ‘Indeed my prayer and my worship, my life and my death are for the sake of Allah, the Lord of all the worlds.’” (6:162)* By reciting this verse we are stating and praying that our Salaat and everything in life is for the Almighty Allah, and to him we Submit. Also, can be recited after the Iqamah before starting your prayer.
9	رَبِّ ٱجْعَلْنِى مُقِيمَ ٱلصَّلَوٰةِ وَمِن ذُرِّيَّتِى ۚ رَبَّنَا وَتَقَبَّلْ دُعَآءِ *“My Lord! Make me a maintainer of the prayer, and my offspring [too]. Our Lord, accept my supplication.” (14:40)* This dua can be recited in your Qunoot for Allah’s help to keep up your daily prayer. You can also recite this dua after any dua, because it is a prayer for the acceptance of our duas.
10	لَّآ إِلَـٰهَ إِلَّآ أَنتَ سُبْحَـٰنَكَ إِنِّى كُنتُ مِنَ ٱلظَّـٰلِمِينَ *“There is no god but You: glory be to You: I was indeed wrong!” (21:87)* This dua can be recited for seeking forgiveness, and it is very effective when repeated in the state of sujud.

Level	# of Verses Memorized	Points
GOLD	10 verses	220 or more points
SILVER	8 verses	190 or more points
BRONZE	6 verses	160 or more points

	Application of the Verse in Daily Life	Points
1	Recite any du'a in Qunoot in your salaah.	1
2	Reciting dua al-iftitah at the center/masjid.	1
3	Du'a for acceptance recited after completing a task (e.g. helping someone, completing a good deed, etc.) see ayah 1	1
4	Du'as for knowledge recited before seeking knowledge.	1
5	Du'a for safety recited for every travel, while leaving the house to a destination.	1
6	Recited du'a and asked for forgiveness from Allah for any shortcomings.	1
7	Recited any 2 du'as before sleeping.	1
8	Recited the dua before a presentation, speech, starting a quiz/test, or before any challenging task.	1
9	Listening to a lecture or reading an Islamic book.	1
10	Reciting the Holy Quran.	1
11	Practising the verse memorization.	1
12	Volunteering at the center/masjid.	1

Holy Month of Ramadhan Quran Challenge 2019-1440AH
Points Chart

Name: _____ **Age:** _____

Day	Date	Actions Performed	Total Points	Parent Initials
1	May 5th, 2019			
2	May 6th			
3	May 7th			
4	May 8th			
5	May 9th			
6	May 10th			
7	May 11th			
8	May 12th			
9	May 13th			
10	May 14th			
11	May 15th			
12	May 16th			
13	May 17th			
14	May 18th			
15	May 19th			

Day	Date	Actions Performed	Total Points	Parent Initials
16	May 20th			
17	May 21st			
18	May 22nd			
19	23rd			
20	24th			
21	25th			
22	26th			
23	27th			
24	28th			
25	29th			
26	30th			
27	31st			
28	June 1st, 2019			
29				
30				

Holy Month of Ramadhan Quran Challenge Year _____
Points Chart

Name: _____ **Age:** _____

Day	Date	Actions Performed	Total Points	Parent Initials
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

Day	Date	Actions Performed	Total Points	Parent Initials
16				
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27				
28				
29				
30				

مدرسة الزهراء

MADRASAH AZ-ZAHRAA

AL-KISA FOUNDATION

UNDER THE CLOAK OF GUIDANCE AND MERCY